

## Growing & Changing - overview of objectives

Topic overview		
Year group	Learning objectives and outcomes	Previous learning
Year 2	<p>Children learn:</p> <ul style="list-style-type: none"> <li>to understand and respect the differences and similarities between people</li> <li>about the biological differences between male and female animals and their role in the life cycle</li> <li>the biological differences between male and female children</li> <li>about growing from young to old and that they are growing and changing</li> <li>that everybody needs to be cared for and ways in which they care for others</li> </ul> <p><b>Key skills:</b> identifying, classifying &amp; grouping, questioning, explaining</p>	<ul style="list-style-type: none"> <li>Identifying their special people (family, friends, carers), what makes them special and how special people should care for one another.</li> <li>Ways in which they are all unique; understand that there has never been and will never be another 'them'.</li> <li>When to say; 'yes', 'no', 'I'll ask' and 'I'll tell' including when they do not need to keep secrets.</li> <li>About people who look after them, their family networks, who to go to if they are worried and how to attract their attention.</li> </ul>
Year 3	<p>Children learn:</p> <ul style="list-style-type: none"> <li>about different types of family and how their home-life is special</li> <li>to recognise their own worth as individuals and to challenge stereotypes</li> </ul> <p><b>Key skills:</b> identifying, comparing, questioning, explaining, empathising</p>	<ul style="list-style-type: none"> <li>understanding and respecting the differences and similarities between people</li> <li>the biological differences between male and female animals and their role in the life cycle</li> <li>the biological differences between male and female children</li> <li>about growing from young to old and that they are growing and changing</li> <li>that everybody needs to be cared for and the way in which they care for others</li> </ul>

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<p>Year 4</p>	<p>Children learn:</p> <ul style="list-style-type: none"> <li>• about the way we grow and change throughout the human lifecycle</li> <li>• the physical changes associated with puberty</li> <li>• about the impact of puberty on physical hygiene and strategies for managing this</li> <li>• <i>To ask and answer each other's questions about puberty with confidence.</i></li> <li>• <i>To seek support and advice when they need it.</i></li> </ul> <p>Key skills: identifying, challenging, questioning, explaining, empathising, considering</p>	<ul style="list-style-type: none"> <li>• about different types of family and how their home-life is special</li> <li>• to recognise their own worth as individuals and to challenge stereotypes</li> </ul>
<p>Year 5</p>	<p>Children learn:</p> <ul style="list-style-type: none"> <li>• to recognise changes that <i>happen in someone's life and explain why puberty is an important time of change.</i></li> <li>• what menstruation and wet dreams are</li> <li>• about the changes that occur during puberty and why it is important to keep clean</li> <li>• about how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty</li> <li>• <i>to ask and answer each other's questions about puberty with confidence.</i></li> <li>• <i>to seek support and advice when they need it.</i></li> </ul> <p>Key skills: identifying, challenging, questioning, explaining, concluding, empathising, considering</p>	<ul style="list-style-type: none"> <li>• about the way we grow and change throughout the human lifecycle</li> <li>• the physical changes associated with puberty</li> <li>• the impact of puberty on physical hygiene and strategies for managing this</li> </ul>

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## Year 6

Children learn:

- about the physical and emotional changes that occur during puberty
- about the changes that happen to both boys and girls during puberty
- about how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty
- what values are important to them in relationships and to appreciate the importance of friendship in intimate relationships
- to consider different attitudes and values around gender stereotyping and consider their origin and impact
- *to ask and answer each other's questions about puberty with confidence.*
- *to seek support and advice when they need it.*

**Key skills:** identifying, challenging, questioning, explaining, concluding, empathising, considering

- to recognise changes *that happen in someone's life and* can explain why puberty is an important time of change.
- what menstruation and wet dreams are
- about the changes that occur during puberty and why it is important to keep clean
- about how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty



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